

# What is homesharing?

- Two or more people share a home for mutual benefit.
- A private bedroom and shared common space offered in exchange for
  - some rent or contribution to utilities,
  - up to 10-12 hours/week in services,
  - OR a combination of the two
- No age or income requirements
- Service area: 7 counties in NW and Central Vermont



# How do we make a match?

## Step-by-step process

- Application
- Interview
- Introductions
- Trial period
- Match agreement
- On-going support

## Screening provided

- Interview
- 4 references & 1 landlord reference
- 5 different background checks



# Examples of Services Provided by Homeshare Guests

- Household chores
- Cooking
- Yard work/shoveling snow
- Driving/errands
- Companionship
- Pet care
- Safety presence at night
- Help with technology



# Individual Benefits of Homesharing: Health and Independence

- 2020 Outcomes survey results of those sharing their home reported:
  - 80% feel safer in their home
  - 79% feel less lonely
  - 72% feel happier
  - 64% worry less about money
  - 63% enjoy their home more
  - 62% report household chores are completed more regularly
  - 49% sleep better
  - 48% call family less often for help
  - 47% feel healthier
  - 32% have more energy

